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## Nonsurgical Facial Sculpting

Jowling is minimal sagging skin around the jawline, and can be treated by strategically adding volume with filler (off-label) or fat transfer to create a more chiseled, youthful look when there is volume deficiency. "Filler in the chin can add a few millimeters of length, which, along with a slender jawline, can reshape the face," explains Dr. Vasyukevich.

Dr. Ahn likes to use longer-lasting hyaluronic acid fillers such as Restylane Lyft and Juvéderm Voluma, which recently became the first filler to ever be FDA-approved for the chin area. "They have more density, provide more projection and last at least a year," he says.

Beverly Hills, CA plastic surgeon Andrew Ordon, MD favors collagen-stimulating fillers or fat transfer for the chin. "To add projection and volume, I inject either fat or Radiesse, a filler made of calcium hydroxylapatite, which is found naturally in our bones and joints."

Neurotoxins like Botox Cosmetic, Dysport and Xeomin can also be used to create a more narrow jawline. "When we inject the masseter muscles (off-label), it results in a more slender-looking jawline because those muscles will now be at rest," Dr. Vasyukevich says. "This is commonly used for teeth grinders or TMJ."

### Fat Transfer

This technique involves removing fat from one area of the body via liposuction and injecting it into the chin. Surgeons consider fat transfer one of the safest recontouring methods because the filler is from the patient's own body. However, Dr. Ahn says fat is not always the first choice for chins: "Fat is not a solid material and a portion of it absorbs over time. Also, if you don't like the result you cannot remove it, unlike an implant or hyaluronic acid filler."



To address this 56-year-old patient's concerns about jowling and lack of facial definition, Dr. Kang performed a nonsurgical chin augmentation using Radiesse injections.